

Appendix C

PUSH UP® FLAVORS	VARIETY PACK: ORANGE, CHERRY & GRAPE		RAINBOW
Container Size	9 count / 2.75 fl. oz. each		9 count / 2.75 fl. oz. each
Serving Size	1 Tube (54g)		1 Tube (54g)
NUTRITIONAL VALUES			
Calories	70		70
Calories from fat	10		10
Total fat (g)	1(2%)*		1(2%)
Saturated fat (g)	0(0%)		0(0%)
Trans fat (g)	0		0
Cholesterol (mg)	3(1%)		3(1%)
Sodium (mg)	15(1%)		15(1%)
Total Carbohydrate (g)	16(5%)		16(5%)
Dietary Fiber (g)	0(0%)		0(0%)
Sugars (g)	11		11
Protein (g)	0		0
% DAILY VALUE			
Vitamin A	0%		0%
Vitamin C	20%		20%
Calcium	0%		0%
Iron	0%		0%
Ingredients:	ORANGE: WATER, SUGAR, CORN SYRUP, CREAM, MILK, CITRIC ACID, WHEY, ORANGE JUICE, GUAR GUM, NATURAL FLAVOR, TRAGACANTH GUM, XANTHAN GUM, ASCORBIC ACID (VITAMIN C), YELLOW 6, YELLOW 5, MONO AND DIGLYCERIDES, RED 40, CAROB BEAN GUM, POLYSORBATE 80, PECTIN, DEXTROSE.	CHERRY: WATER, SUGAR, CORN SYRUP, CREAM, MILK, CITRIC ACID, CHERRY JUICE, WHEY, GUAR GUM, NATURAL FLAVOR, TRAGACANTH GUM, XANTHAN GUM, ASCORBIC ACID (VITAMIN C), MONO AND DIGLYCERIDES, RED 40, CAROB BEAN GUM, POLYSORBATE 80, PECTIN, DEXTROSE.	GRAPE: WATER, SUGAR, CORN SYRUP, CREAM, MILK, GRAPE JUICE, CITRIC ACID, WHEY, BEET JUICE COLOR, GUAR GUM, ASCORBIC ACID (VITAMIN C), NATURAL AND ARTIFICIAL FLAVOR, MONO AND DIGLYCERIDES, CAROB BEAN GUM, POLYSORBATE 80, PECTIN, DEXTROSE, BLUE 1.
	WATER, SUGAR, CORN SYRUP, CREAM, MILK, CITRIC ACID, WHEY, LEMON JUICE CONCENTRATE, ORANGE JUICE, GUAR GUM, CHERRY JUICE, GRAPE JUICE, NATURAL FLAVOR, BEET JUICE CONCENTRATE COLOR, ASCORBIC ACID (VITAMIN C), TRAGACANTH GUM, XANTHAN GUM, YELLOW 6, MONO AND DIGLYCERIDES, YELLOW 5, CAROB BEAN GUM, POLYSORBATE 80, RED 40, NATURAL AND ARTIFICIAL FLAVOR, PECTIN, BLUE 1.		

*Values included above in parenthesis are Percent Daily Values, based on a 2,000 calorie diet.